

Compost for Jesus

1. Composting is **natural**. All living, organic things all break down and return to the soil. So actively composting is taking part in what is a natural process. It's not that hard; there are some things to learn how to do it well, but it's a natural process.
2. Throwing food scraps in the trash to go to the landfill is **not natural**. It's also wasteful. Those gross food scraps contain nutrients that the soil needs to be healthy. Composting returns those nutrients to the soil as part of the metabolic cycle of life.
3. Throwing food scraps in the trash is **easier**, until you make a habit of scraping them in your compost bin. You know you've made composting a habit when it's easier to scrape it in the bin than in the trash can.
4. Almost everything we eat can be composted in the church's system or your backyard set up. Be a confident composter.
Green light: veggies, fruits, pits, seeds, salads, coffee grounds and filters, grass, leaves
Yellow Light: Breads (tear them up), tea bags (check your label); paper plates (tear them up, no plastic), paper (tear it up in small pieces);
Red light: bones, meat, buckets of grease (all can break down in big systems but ours is too small for that. Will attract rodents)
5. Composting makes you **feel better** about the cantaloupe you didn't cut, the salad that wilted, the bananas that went brown. It's not ideal, but hey, it's not going in the landfill, but back to the soil. Congratulations!
6. Composting keeps that stuff out of the landfill where it does no good and breaks down to **methane** (a greenhouse gas). 30% of the landfill was compostable.
7. Composting is a way of remembering you're part of the earth and the earth needs your **participation**. You are taking part in life when you help create healthy soil.
8. **You don't have to be perfect** to be a composter. Just start with the obvious things to scrape in a bucket on your counter and grow from there. Let it be a happy habit.
9. Watching a compost pile turn to soil is **amazing**. You get to be part of it. It's a lot more fun than watching a landfill grow and take land that could've been used for life.
10. Composting is **actually pretty easy** and is a re-entry point for us into the world of soil and gardens, seeds and crops, and the circles and cycles and communities of life and death.

Bonus: DaySpring's Community Compost means you don't have to build you own (but you can!)